

Highland Presbyterian Church

"SHARING HOPE FROM THE HEART OF THE HIGHLANDS"

SEPTEMBER 2023

It's fall again, and how I just love the fall. It's that time of year when the heat burns off at dusk, and one can finally rock on a much cooler patio while watching the sun wobble and slip away into the night. Often fall has been a poetic metaphor for endings, but culturally, I find fall to be a time of beginnings. The summer doldrums are over and visits to far off places are no longer our plans but our fond memories. We now hear laughter from playgrounds, Friday night announcements echoing from high school stadiums, and the constant chatter among friends of upcoming events. After much deserved rest and relaxation, people reconvene with their communities and begin again. Let us not forget pumpkin lattes and for those with little ones in their lives, brainstorming discussions of what potential costumes could be worn.

The fall launches our church program year and ultimately reminds us that Christmas is just around the corner. However, before feeling overwhelmed, try to enjoy the moment. We have time before things get too hectic. In fact, I encourage you to seize the day, particularly the last Sunday in September. September 24th is a big day for us as we celebrate two Highland traditions, Music Festival Sunday and PresFest. Though many of you probably remember a broiling August PresFest, it now comfortably resides in late September when the days are neither too hot or too cold to spend an afternoon listening to music, eating great food, and sharing the love of company with friends and family.

Some of you may be less familiar with Music Festival Sunday, but it is a tradition that I learned quickly upon my arrival. I'm not sure exactly when it started, but my guess is there is some connection with the talented and beloved Leon Rapier. In short, it's a service when we highlight the many blessings of music in worship. Highland is rather unique because we have a wealth of talent in a congregation who not only embraces music but also dedicates itself to performing it. The fact is, we all have an innate ability to be musical, and Highland is fortunate to have a congregation that appreciates and values those who wish to express those musical gifts. Sunday worship will be filled with the sound and the glory of God, and I look forward to reveling in it with you.

Immediately following service, we will all congregate outside for a block party on Highland Ave between Cherokee Rd. and Eastern Star Ct. PresFest marks a time that we can celebrate the offerings of our congregation with the neighborhood. With the generous support of the Rapier Fund, Arts on the Corner will present Zoe Speaks, an Appalachian folk band who sings stories of Kentucky to the rhythms of America. There will be food trucks, snow cones, face painting, outdoor games, and a bounce house. This event is for everyone of all ages and more importantly, everyone in our community.

If I may be so bold, I highly encourage you all to do one thing between now and PresFest, invite a friend. Invite someone who does not normally attend Highland to come and have fun. We should be sharing hope from the heart of the Highlands with folks who may or may not be residing in the Highlands. Evangelism does not have to be about conversion. We can redefine the meaning through our actions. It can be letting others know that despite how broken the world may feel, there is still love among us. People need people, and Highland is full of decent and kind people. Why would we not ask one to be a part of something so good? PresFest is an opportunity for our programs and ministries to make themselves known by setting up booths and creating spaces for conversations. If these programs and ministries have sustained you over the years, why not ask if they might sustain others? I will quote 1 John 4:12 again because it is one of my favorite verses. I am always amazed how it continues to reveal new subtleties to me as I journey through life. In the context of striving to be a welcoming community leader, I hear a new calling. "No one has ever seen God; if we love one another, God abides in us, and his love is perfected in us."

Vini Frizzo



Session Summary

Report from the August 2023 Session Meeting

Note: In a between-meetings agreement on 8 August 2023, the Session approved the baptism request for Luke Augustus Elmore, son of Anne Leigh McAllister-Elmore, on 13 August 2023. Anne will be joining HPC membership in September 2023. Rev Megan McCarty presided.

From Youth Ministry: The Session approved the curriculum and tentative dates for fundraisers. The curriculum theme will be Connect – with the triune God, with the community and what God is calling them to do in the world, with themselves and each other, and with the people and ministries of HPC. Fundraisers are: Trivia night, 4 February 2024; parking for St Patrick's Day parade, 9 March 2024; summer trip postcard fundraiser (February-May 2024). Summer trips: Montreat, high school, 9-15 June 2024; Montreat, middle school, 17-21 June 2024.

From Stewardship: The Session approved an up-to \$625 overage on the stewardship budget for Nolan and Tim Daniel to attend Stewardship Kaleidoscope conference in Minneapolis.

From Property: The Session approved up to \$200,000 from the Memorial Fund to replace HVAC systems including the non-functioning boiler beneath the sanctuary (cannot be fixed because there is a 7-month lead time), which will be replaced with forced air heat pump units; the units serving the Fellowship Hall; the second floor offices in the Fellowship Hall; the kitchen; and the second floor classrooms.

From Child Protection Policy Review Team: The Session approved the revised Child and Youth Protection Policy, including the Code of Conduct for volunteers and staff.

Session Summary

Report from the July 2023 Session Meeting

Baptism Request: The Session approved the baptism of Zoe Bostrom, daughter of Megan McCarty and Shannon Bostrom, on Sunday, 23 July 2023. Presiding will be her grandmother, Rev Kathy Bostrom.

The Session approved Ben Nodler's participation in the YAV program, working in Arizona with Chirpa.

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Mission and Service



Dare to Care Food Bank

Dare to Care Mobile Food Pantries - While we do not want anyone to volunteer for something that they do not feel comfortable doing, we want the congregation to know that the two Mobile Food Pantries that we have connections with (Portland Avenue and Grace Hope) are still running once a month. (Portland – **Tuesday, September 5** at 9:45 am; Smoketown – **Tuesday, September 19** at 1:30 pm)

Dare to Care has a finely tuned system where all food pick up is non-contact, social distancing is enforced, and LOTS of safety measures are being upheld. This has been crucial for the populations that we serve because it is allowing them free nutritious food in a time when many of them have lost income and are surrounded by uncertainty. We want to thank the volunteers who help keep our partnerships going during this difficult time.

Habitat for Humanity Presbyterian Build - Highland is once again participating in Habitat for Humanity's Presbyterian Build. We combine forces with five other Presbyterian churches throughout Louisville and build a house together for a lucky new homeowner! **September 13th - 15th** will be the days that we Raise the Roof together. Each of the five churches will take a day and provide volunteers and lunch for a long and rewarding day of hard work together. There is no experience necessary! Habitat loves to teach their volunteers how to use tools and build together. Please mark your calendar of those three dates and watch for future announcements about which of those dates we are needing volunteers. If you would like more information, please contact Jim Crowley (jim.e.crowley@gmail.com) or Megan McCarty.

Global Gourmet - Kentucky Refugee Ministry's biggest fundraiser of the year is coming! On **Friday, September 29th at 5:30 pm**, KRM will host an evening honoring refugees at the Speed Art Museum. The church will have one table, so if you would like to sit with the church, please get your reservations into Megan McCarty early! If you would like to purchase a table or tickets of your own, please visit the KRM website at: <https://kyrm.org/2023-global-gourmet/>.

Portland Avenue Community Trust needs our help! - PACT is looking for volunteers, money, and donations to keep their pantry running. September is our month to support PACT with our time and our donations. Please see the bulletin and week at a glance for the food and hygiene items most needed or give money to the church and mark it specifically for PACT. Please contact Bill Wade or Nanc Angerman if you would like to volunteer in their food pantry on Thursdays from 11-1.



Feeling crafty?

Join Angie Andriot for our next monthly contemplative arts circle.

We had a blast making our God boxes at our August Crafty Spirit Contemplative Arts Circle!

Want to join us for September? We'll be making fall crafts of some kind, to be determined. Further details forthcoming in the Week-at-a-Glance.

RSVP not required, but appreciated.

Time: Wednesday September 27 @ 6-8pm

Location: Pleune-Mobley Classroom 111

RSVP: angieandriot@gmail.com or 765.760.4569



September Birthdays

If we ever forget your birthday, or we have it wrong, please let us know!

Sept 2: Sue Reese
Martha VanCleave
Sept 3: Garner Nowak
Annie Makela
August Mead
Sept 4: Kathy O'Hearn
Chris McGarvey
Sept 5: Nancy Armstrong
Phyllis Eagletree
Casey Watson
Sept 6: Jennifer Blackburn
Kyle Ethridge
Sept 7: Sarah Morris
Sept 8: Thomas Owen
Sept 9: George Burke
Christian Trabue-Buono
Sept 10: Rhonda Hibdon
Sept 12: Claire Greenlee
Scott Johnson
Meredith Seiffert
Mallory Siegenthaler
Sept 13: Mark Bailey
Ken Burgess
Cynthia Grohmann
Elaine Holmes
Ashgan Zalbay
Sept 14: David Runyon
Sept 15: Carol Graf
Sept 16: Katherine Kuntz
Jess Wade Prestigiacomo
Sept 17: Jan Myers-Siegfried
Sept 18: Finley Barber
Sept 19: Reagan Grantz
Hannah Thomas
Don Wenzel
Nancy Willingham
Sept 20: Sara Anderson
Diane Bondehagen
Ben Lacy
Beth Phelps

Sept 20: John Plymale
Sept 21: Laurie Grimes
Sept 22: Edie Tidwell
Sept 24: Ann Cobb
Leo Watkins
Sept 25: Mark Nelson
Clinton Schnuerle
Sept 26: Xavier Grantz
Sept 27: Ashley Bartley
Lucy Fitzgerald

Sept 28: Sara Gahan
Morel Jones
Annie Oldham
Sept 29: Nancy Fontenot
Bella Letson-Ettin
Sept 30: Kevin Orr
Mara Thomas

Memorial Gifts

GIFTS have been given to the Memorial Fund in memory of Jean Tillett by Betsy Foshee.

GIFTS have been given to the Rapier Fund in memory of Jean Tillett by Robert Tillett.

GIFTS have been given to the Mirazul Scholarship Fund in memory of Jean Tillett by Tom Owen.

GIFTS have been given to the Rapier Fund in honor of Leon Rapier's heavenly birthday by Beth Rapier-Ross.

Highland is most appreciative of these gifts!

Communion At-Home Opportunity

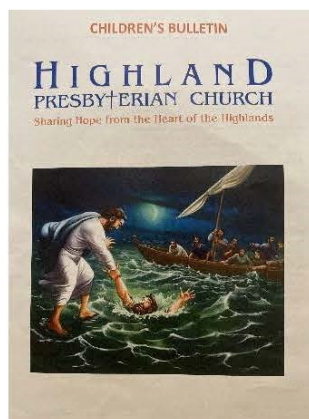
The HPC Deacons are happy to offer at-home communion service again, beginning in September. If you are interested in receiving communion at home, please let us know by calling the church office, 502-451-2910, to inform Kathleen Poole. She will give us your name, and then we will contact you to set up a date and time.

Grateful to be in your service,
HPC Deacons

Children's News

OUR FIRST ROOTS GATHERING FOR THE YEAR!

ROOTS (3rd-5th grades) will meet **on Sunday, September 17 from 3:30-5:00** to put together Sock Kits for the homeless. Besides socks, these kits will include items such as lip balm, non-perishable food, water bottles and personal travel-size toiletries. After kits are completed, some will be kept by the children and can be given to homeless people they may see when traveling in the car with their parents, and some will be kept in the church office. If you would like to keep one or two in your car, let Rhonda know and we'll make that happen!



CHILDREN'S BULLETINS ARE BACK

You may have noticed that there are now three bulletin options when you enter worship on Sunday mornings: the regular bulletin, the large print bulletin, and the Children's Bulletin. The bulletin for children is designed with all the worship elements outlined, but also includes color pages, puzzles, questions, and a few instructions. There are also worship bags in the rear of the Sanctuary. We **LOVE** our children in worship!

How Can You Help?

There are several opportunities available for you to help with our Children's ministry. They include chaperoning events, subbing for Sunday School teachers, watching the Bouncy House during PresFest, etc. If you'd like to help with a specific event, we'd be glad to have you. We could also use a few more folks on the Children's Team. We meet by Zoom once per month. If you are interested in helping in ANY way, please let Rhonda know.



September 17: ROOTS (3rd - 5th grades)

September 24: PresFest 12-3pm

October 14: Lock-In (ROOTS)

December 24 (AM worship): Christmas Pageant

Youth News

Let's CONNECT @ HPC

The youth program's theme for the 2023–2024 program year is . . .

CONNECT! CONNECTing with God, CONNECTing with our community, CONNECTing with each other and ourselves, and CONNECTing with the HPC family. Look forward to finding ways to connect with the young people of the church in the weeks and months ahead.

Sunday Schedule

9:30–10:30a Sunday School & Confirmation Class
5:00–6:15p Middle School Youth Group
6:30–7:45p High School Youth Group

September Schedule

High School

9/10 — Meet with APNC
9/17 — Ultimate Frisbee Night (5–7p)
9/24 — Participate in PresFest after Worship

Middle School

9/10 — No Youth Group
9/17 — Ultimate Frisbee Night (5–7p)
9/24 — Participate in PresFest after Worship

Upcoming

High School Mystery Trip — October 20–22, 2023
(Registration Due on 9/5)

High School Montreat — June 9–15, 2024
(Registration Due on 9/18)

Middle School Montreat — July 17–21, 2024
(Registration due on 10/15)



August Youth APNC Committee Update - Greetings from your newly formed Youth Worker APNC! We look forward to working with you to find the best candidate for HPC. Our group is co-chaired by Colleen Abate and Kim Hansford and also includes Kimberlee Burns, Clay Gahan, Noa Gambrell, Tracy Morrison, Cooper Osborne, Anna Sekula, and Beth Troy. Our COM Liaison from the Presbytery, you might recognize from playing bass in worship a few weeks ago, is Bill Williamson. We have hit the ground running with a get to know each other session that Tracy so graciously hosted. At our first official meeting we spent time as a group discussing the big picture as a committee, what we hope to accomplish and what we envision a Youth Worker's best attributes to be. We have spent time gathering various documents from sources, such as the very recent PNC, to aid us in analysis and best practices moving forward. We look forward to hearing from the youth and the congregation and are mapping out how and when this will take place. We were joined by Michael Harper this week to talk with us about current trends and models in Youth Ministry, what types of Youth workers exist and how they fit into the microcosm of the church and PCUSA as a whole. Stay tuned for requests for your input; if you have any comments in the meantime, please direct to hpcyouth502@gmail.com.

Music Ministry

Interested in being a part of the music ministry? Check out the information below to see how you can share your talents. Music is a gift we all possess so join us! We would love for you to be part of the sounds of Highland!

ARTS ON THE CORNER CONCERT SERIES

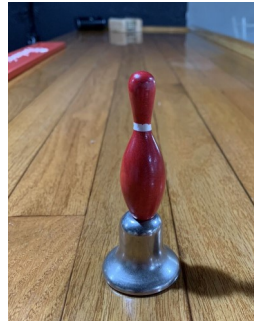
On **Sunday, September 24th at 12:30pm**, **Zoe Speaks** will be performing at our very own PresFest near the corner of Highland Ave. and Cherokee Rd. Deeply rooted in the family music making and storytelling lineages of Eastern Kentucky, Zoe Speaks offers a fresh and progressive view of Appalachia. With the banjo, guitar, dulcimer, fiddle, and traditional flatfoot dancing, they connect audiences to the stories where music is a part of daily life and singing goes hand in hand with working. Come get lunch at one of the food trucks available, grab a seat in the shade, and enjoy an early autumn afternoon to the music of our land.

CHANCEL CHOIR

Come sing with us! All are welcome and we'd love to have you be a part of the music ministry. Singing in choir is a great place to meet new people and become a part of a rich history of our church. We meet **Thursdays at 7pm** in the choir room. Childcare can be provided for rehearsals, if needed, please contact me vini.frizzo@hpclouisville.org prior to coming with your child.

HIGHLAND RINGERS

Did you just bowl a strike? Well kudos to you, you get to hear a bell peal. Gutter ball, better eat a bell pepper! Highland Presbyterian Church is kicking off the bell program with **Bowling for Bells!** We'll meet at **1:30pm** on **Sunday, September 3rd at Vernon Lanes**. Please email me (vini.frizzo@hpclouisville.org) if you are interested! Our first official rehearsal will be September 10th at 1:30 in the sanctuary; remember set up is at 1:20.



HPC ORCHESTRA

Do you play an instrument? If so, HPC Orchestra is always looking for folks to play with us. We are scheduled to play for **September 24th** (Music Festival Sunday), and **December 17th** (Gaudete Sunday). The rehearsal for September 24th will be **Tuesday, September 19th at 7:00pm** in the sanctuary. Interested in playing? We tailor the music to fit everyone's level. Think about it! We have loads of fun! So come talk to me or shoot me an email!

Children's Music Ministry

Children's choirs are off and singing! Children from Pre-K (ages 4 and above) to 5th grades gather from **6:00-6:45**. It's a time for singing, movement, chanting, and instrument exploration.

We will sing of God and Jesus and all of God's glorious creation, and we will pray together to conclude our evenings. We are building lively minds each Wednesday. Music is one of the 100 languages of children, and we know it helps our whole bodies-mind and spirit. Music builds communities of joy. Most importantly, our program strengthens our values of love and devotion for your children, each precious children of God.

We long for children to participate in worship as well. Mark your calendars for children's presence in worship on **Music Festival Sunday, September 24**.

All are welcome! Come sing.

Martha Makela



Stewardship

Giving just got easier, whether it's a regular donation or a one-time event. This QR Code will take you to a selection of 18 different categories that allow you to donate. You can also go to the Highland Presbyterian Website (hpcloouisville.org) and click on "give" at the top of the page. Either method will take you to the following giving categories; **Pledge Payment**, Youth Trivia Night Fundraiser, Gift, Community Relief, KRM – Music for a Purpose, Presbyterian Disaster Assistance, Rapier Fund – Worship, Memorial Fund Gift, Grace Children Scholarship Fund, Kevin Youth Scholarship Fund, PCUSA – One Great Hour of Sharing, PCUSA Pentecost, PCUSA – Peace & Global Witness, PCUSA – Christmas Joy Offering, Youth Postcards, Youth Activities, Youth Summer Trips, Advance Pledge, Capital Campaign Pledge.



Nursery and Weekday School

Hi Ho and Away We Go! The Highland Presbyterian Church Nursery & Week-day School has begun our new school year and our halls are filled with our favorite sounds: children! This year we welcomed 149 young children into our classrooms for another wonderful year of learning and growing. Our staff of 33 has been hard at work creating beautiful classroom environments that inspire creativity, ingenuity and friendship.

Many of our families attended our start-up events to get our year rolling. We had a great turnout for our annual "Family Fix-It Day" in which our families trimmed bushes, pulled weeds, spread mulch, painted furniture and helped us get the school building and outdoor play spaces ready for children. Our annual Watermelon Social was lots of sticky fun and gave our families another opportunity to get to know one another. We are so glad to be back in action and look forward to a great year ahead!

Looking for a great child-centered, hands-on early childhood experience for your little one? We hope you'll visit our website (hpcweekdayschool.org) or give us a call at (502) 456-6991 for more information. See you at school!



Support our Nursery & Weekday School
on Thursday, September 14th!

 **Give for Good Louisville™**
COMMUNITY FOUNDATION OF LOUISVILLE



HIGHLAND PRESBYTERIAN CHURCH
NURSERY AND WEEKDAY SCHOOL



Fellowship

Men's Pub Night - A group of men will be gathering on **Tuesday, September 12 at 7:00pm** for a beverage and some good conversation at TEN20 Craft Brewery at 1020 E. Washington St. Plenty of socially distanced outdoor seating. Come join us. No agenda, just conversation in good company. If you would like to be added to the list for announcements about the upcoming men's pub nights, please email Ralph Bowling at ralbow87@gmail.com.



Attention Bridge Players: Highland hosts bridge on the first Thursday of the month at 1:00 pm. If you would like to be included on our player list, please call or email Patti Pinkley at patti.pinkley@gmail.com or 419.1003. **Meets September 7th at 1:00pm.**

WINGS - meets **Monday, September 11 at 6:30 pm**. All women of the church are invited! Contact Kathy O'Hearn at kathyreed330@gmail.com for more information.

Wednesday Night Dinner - September 20 - This month, our Wednesday night dinner will take place Wednesday, September 20th. Dinner and fellowship starts at 5:00 pm in the dining room. Come enjoy good food, and good fellowship! RSVP to Kathleen in the church office by noon Tuesday, September 19th.

Louisville Pride Festival - Attention HPC Community! If you would like to help run the HPC booth for the Louisville Pride Festival on **September 9th**, please sign up with Kathleen Poole in the church office, the sign-up sheet in the fellowship hall or online here: <https://www.signupgenius.com/go/4090449ABA723A3FB6-louisville>. It should be a fun time to join in community with others, and promote HPC as a welcoming place for people to gather for worship and fellowship. The time slots are as follows (2 people desired for each time slot): 10:00 AM set up; 11 AM - 1 PM; 1 - 3 PM; 3 - 5 PM; 5 - 7 PM; 7 - 9 PM take down.

Discover Highland and Welcoming New Members - If you are interested in joining Highland, or learning more about what that might mean, we are hosting Discover Highland (our inquiry class) on **Sunday, September 10th** following worship. We will meet in the Session Room (which is across the street in the KRM building.) We can meet in the fellowship hall and walk over together so no one gets lost! There will be lunch and childcare provided; the class should run about an hour. On Sunday, September 17th, we will then welcome our new members in worship. If you have any questions or desire to attend these gatherings, please let Megan McCarty know.

Presbyterian Union

*A Monthly Discussion Group Sponsored by
Second Presbyterian and Highland Presbyterian Churches*

TOPIC: **"The 1891 Kentucky Constitution in the Twenty-First Century"**

State constitutions are playing a major role in many current political and social issues and ours is no exception.

SPEAKER: **The Honorable Lisabeth Tabor Hughes,**

Justice for the Supreme Court of KY, 2007 to January 1, 2023

Kentucky native Lisabeth Tabor Hughes graduated from The University of Louisville with a B.A. (summa cum laude in 1977) and from the University's School of Law with a J.D. (magna sum laude in 1980) where she was Executive Editor of the school's Law Review and named outstanding graduate. When in private practice, she handled a variety of business and commercial litigation in both state and federal courts. Justice Hughes has served on the Kentucky Court of Appeals (1997-1998; 2006), Jefferson County Circuit Court (1999-2007), and the Kentucky Supreme Court (2007- January 1, 2023). In 2017, Justice Hughes was named deputy chief justice. She retired on January 1, 2023. Former President Obama said of Justice Hughes, "[she] has a long and impressive record of service and a history of handing down fair and judicious decisions."



Where: Vincenzo's, The Courtyard Room 105 South 5th Street

Lunch: Buffet salad and entrée, dessert, iced tea **Cost: \$25.00** including gratuity

When: **TUESDAY, September 5, 2023,** at 11:30 am

RSVP: If you will attend, please notify by 4:00 pm Monday, September 4 (if accepting) E-mail Ann or Ivan Schell at adschell@bellsouth.net or phone 894-8440.

save the date

PRESFEST

**Sunday, September 24th
12-3 pm**

Live Music from Zoe Speaks



**Food trucks
Outdoor games
Face painting
and more!**

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sun.: 9:30 – Sunday School 11:00 – Worship 1:30 - Highland Ringers (begins 9/10) 5:00 – Middle School Youth Group (begins 9/17) 6:30 – High School Youth Group (begins 9/10) Mon.: 12:30 – Staff Meeting						
Weekly Meetings: Tues.: 10:00 - STITCH Wed.: 6:00 – Children’s Music Ministry Thurs.: 10:00 - STITCH 10:00 – WOW 7:00 – Chancel Choir						
					1	2
3 1:30 Bowling for Bells	4 <i>Labor Day - Church Office Closed</i>	5 9:45 PACT Mobile Pantry 4:00 Property Committee 5:30 Fellowship	6 6:30 Church in the World	7 1:00 Bridge Club	8	9 9:00 Workday
10 12:15 Discover Highland— Session Room	11 6:30 WINGS	12 4:30 Personnel Committee 7:00 Men’s Pub Night	13 4:00 Adult Ed 5:30 Worship Committee	14 <i>Nursery & Week-day School Give For Good Day</i>	15	16
17 3:30 Roots	18 2:00 Presbytery Mtg-Cedar Ridge 5:00 Finance Committee	19 1:30 Smoketown Mobile Pantry 6:00 Anti-Racism Meeting 7:00 HPC Orchestra	20 5:00 Wednesday Night Dinner 6:15 Session	21	22	23
24 <i>Music Festival Sunday</i> 12:00 PresFest	25	26	27 6:00 Crafty Spirit	28 5:30 Deacons	29 5:30 Global Gourmet at Speed Art Museum	30



Highland Presbyterian Church

1011 Cherokee Road

Louisville, KY 40204

NON-PROFIT ORG

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September 2023

RETURN SERVICE REQUESTED

Environmental Stewardship

Celebrate Zero Emissions Day!

Thursday, **September 21** is Zero Emissions Day, a day focused on protecting our environment from harmful emissions. The purpose of Zero Emissions Day is to offer a preview of what a planet without the release of fossil fuels into the air would look like. A single day to raise awareness on the impact of our daily emissions, which are gases and particles emitted by electricity, agriculture, or transportation. As we noticed during COVID lockdowns, a global shutdown of human activity allowed air pollution to lower drastically. Each individual needs to make an effort to limit emissions, as they directly affect human health and the environment, causing climate change, air pollution, extreme weather events, and more.

Here are some tips to help lower emissions and fuel costs so you can spend your money on exciting adventures:

- Don't waste fuel when you aren't driving. Idling your car can use a half gallon of fuel per hour. That means you are wasting 3 cents for every minute you idle. If you are parked for more than 10 seconds, it is more fuel efficient to turn off your vehicle while waiting.
- Pack light when you head out this fall. For every 100 extra pounds of luggage in your vehicle, your fuel costs go up about 3 cents per gallon. And, if you have to attach a luggage rack to the top of your vehicle your fuel economy can decrease by up to 25% at Interstate speeds due to drag. Instead, try to pack light and keep your luggage inside the car or trunk.
- Be sure that your car is in tip-top shape by keeping up with maintenance. Problems with spark plugs, dragging brakes, sagging belts, or transmission can cause fuel economy problems. Fixing some serious maintenance problems can increase mileage by up to 40%.
- One of the best things you can do to improve fuel economy is choose a vehicle according to your need. For example, if you are a city driver, a small hybrid or plug-in electric vehicle is probably right for you because they get better fuel mileage and are easier to maneuver and park in small city streets.

Think about ways that you can celebrate Zero Emissions Day – walk or bike to work if you can, carpool with someone who drives an electric vehicle, take public transportation in our electric city busses, turn off your electronics and lights, plant trees, educate yourself!